

# Wednesday Evening Activities Mar. 12 - April 9

## 5:30 - 6:30 Dinner in Fellowship Hall

We begin the evening by offering a healthy dinner served continuously from 5:30 – 6:30. Suggested donation for the dinner is \$5 for adults and \$3 for children aged 3-10. If you sign up to bring food, you receive a free meal. Proceeds benefit the youth mission trip to Washington, DC. The weekly menu is below.

March 12th: Lasagna, salad, bread

March 19th: Tacos, fruit, vegetables and dip

March 26th: Soup, salad, bread

April 2nd: Baked potato bar, salad, fruit

April 9th: Build-your-own-sub, fruit, vegetables and dip

## 6:00-6:45 New Generation Choir Rehearsal

This choir is a youth choir made up of 7-12th graders. Choir ends at 6:45 p.m.

## 6:00-7:05 New Creation Choir Rehearsal

This choir is a children's choir made up of 3-6th graders. Choir ends at 7:05 p.m.

## 6:15-7:00 Wednesday Lent Adult Study

To honor the Christian practice of praying during Lent, we will use a devotional resource, "Too Deep for Words," published by Augsburg Fortress. On Wednesday evenings we'll enter into a deeper exploration of the Scripture from Romans through contemplative reading and small group discussion. Our meetings will begin Wednesday, March 12th and continue until April 9. All are welcome.

## 6:15-7:00 Lenten Family Time

Following the Wednesday dinners, from 6:15-7:00 p.m., there is family time for families with smaller children (up through third grade) with stories, songs, projects, prayers and a brief worship. We encourage families to come for the dinner (at 5:30), stay for the family time and then return home in time for children to go to bed.

## 7:15 p.m. Lenten Worship Service - Pause to Reflect, Pray and Worship

This year our Lenten worship will focus around meditation and reflection time, intentionally taking time to worship and to pray in thought, word and action. Either everything we do is an offering to God, or nothing; we may not pick and choose. But we don't only worship at St. Matthew's building, whenever members gather in their small groups, gatherings or meetings, we worship together.

### Stop by the Prayer Wall in the Library Commons.

Inspired by the Jewish custom of placing notes in the Western Wall in Jerusalem, St. Matthew's Prayer Wall is intended to be a sacred space for the sharing of prayers and concerns. The Prayer Wall is a place where you can post prayer requests and pray for other people. You can write your prayers on the wall or post them. We also hope that reading others' thoughts will put you in the mindset of prayer. You can also share a word of praise to tell how God has answered your prayers.